

NEWSLETTER



APLM
SAINT-SAUVÉUR

2021 Annual General Meeting



Please note that the Annual General Meeting of the Association des Propriétaires du Lac Millette will take place on **October 17 at 10:00 am**. Given the uncertainty related to the 4th wave of the pandemic, the meeting will take place virtually like last year.

We would like to see you participate in large numbers so that we can tell you about the projects we have been working on and give you an overview of upcoming activities.

Please note the link to join the meeting:

<https://meet.google.com/xig-pkdu-xbw>

See you soon... on our screens!

Message from your directors

A summer that is already coming to an end! We hope that you have enjoyed this season and the calm that reigns in our paradise! Thank you all because, through your actions, you contribute to maintain a healthy, safe, and peaceful environment.

Your directors have been active and have advanced several issues that we have told you about in the past. First, we relaunched the "Voluntary Lake Monitoring Network» program, sponsored by



the Ministry of the Environment and the Fight against Climate Change. Then, we proceeded to the stocking of nearly 450 trout on June 5, an event that attracted many people, young and old. We have also finalized the website of the association (www.lacmillette.com) which is a communication tool so that everyone can refer to it to know the issues that concern us, the good practices to favor and the latest news of your association. We have also followed a training given by the CRE Laurentides which will allow us to set up a protocol for monitoring the aquatic plants of our lake for next year. You will find more details in this Newsletter. Enjoy your reading!



New website lacmillette.com is online

Finally, we are pleased to announce the launch of our French version of the website of the Association des Propriétaires du Lac Millette (APLM). The English version will be online in the coming weeks. This site is intended to be a reference for residents of Lac Millette de St-Sauveur to inform them about the best practices to favor, to preserve our lake, our environment, and our good neighborly relations. Also, it will allow us to disseminate relevant information of common interest continuously and periodically and to find a history of past publications such as the Newsletter. In addition, payments of the annual membership fee and contributions for the trout stocking program will be facilitated since you will now be able to make them from the contact details identified on the site. We hope that you will find this site useful and interesting and that it will develop and strengthen our sense of belonging to this unique living environment. Go to **lacmillette.com** to discover it.



Trout stocking on June 5, 2021

As planned, we stocked nearly 450 rainbow trout on June 5. The launch was made from the dock of our president, Mr. Pari Montanaro. More than twenty people were present for this festive and family event. Next edition in 2023, do not miss it and contribute!



RSVL Program

This summer, APLM board members volunteered to monitor the water quality of our lake. Steven Nakashima, Sophie de Caen, and Andrew Tesla took water samples to determine several physical/chemical characteristics that can indicate the level of health of our lake. We worked with the Voluntary Lake Monitoring Network (VLSN), under the auspices of the Ministry of the Environment and the Fight against Climate Change.

In collaboration with its partners, the RSVL has four objectives: 1) To acquire data to establish the trophic level of many lakes and to monitor their evolution over time; 2) Identify lakes showing signs of eutrophication and degradation; 3) Educate, sensitize, support, and inform residents' associations and other participants; 4) Provide a general portrait of the situation of resort lakes in Quebec.



To take full advantage of participation in the RSVL, our board aims to collaborate with the ministry over the long term. Responsibility for these activities is shared as follows:

For the RSVL team at the ministry: Coordinate and oversee the network; support residents; interpret data and communicate results; offer design support tools; join forces with competent local partners to complement resident support.

For our association: Collect water quality samples and transparency measurements at a station that is usually located in the deepest area of the lake; perform measurements and field observations following the protocols provided to them for total phosphorus, chlorophyll A, dissolved organic carbon and water transparency.

Apart from water transparency, other water analyses are carried out by the Ministère's laboratory, the Centre d'expertise en analyse environnementale du Québec (CEAEQ).

To support the monitoring and protection of the lakes, the ministry is assuming 75% of the costs of the RSVL for the next three years. As a result, our association contributed \$125.73 to conduct laboratory testing in 2021. In addition to the cost of testing three samples per station, this amount includes accompanying documents, sample transportation costs and taxes.

During the summer of 2021, three sets of samples were collected by APLM volunteers for total phosphorus, dissolved organic carbon and chlorophyll A. Samples were collected around 10 a.m. on June 21, July 21, and August 21. Water transparency measures were also taken on the same dates. Further transparency measures will be carried out until mid-October. All data will be compared to similar tests conducted in 2011-15. A summary report will be published later in the fall of 2021 and published in a future communication and on our website. We plan to continue to coordinate with the RSVL so that more samples will be collected in the coming summers of 2022 and 2023.

Annual membership fee of the association

As you have seen from the assessment of our activities in 2021, your association is active and intends, on the one hand, to continue the work started to ensure better communication between residents, through the association's website, and on the other hand to continue to support activities aimed at preserving the quality of our lake and the pleasure of living there.

Naturally, these activities come with a cost, and it is therefore important that we support our association through our contributions which were set at \$50 per residence at our last general assembly. These funds collected will allow, among other things, to continue water tests and analyzes through the RSVL program, keep our website active and interesting, participate bi-annually in trout stocking, join organizations such as CRE Laurentides, etc.

We invite you to send us this sum of \$50, either by following the instructions posted on our website under the heading "Become a member", or by sending a cheque or cash to our treasurer Mr. Benoit Bergeron at 62 Chemin Gobeille.

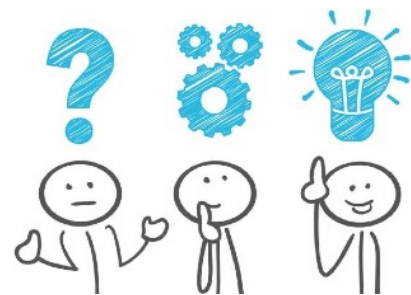


At the same time, we invite you to donate at your discretion to allow us to maintain our bi-annual trout stocking program. We remind you that your association will contribute the sum of \$500 to each event but that we must therefore raise \$1,000 every two years to finance the balance of the cost. Even if you are not a fisherman, we still encourage you to support this activity that is the pleasure of young and old and that helps to maintain our reputation as a lake where it is good to fish. Thanks in advance for your contribution!

Lists of good practices

Did you know that we can all easily preserve the quality of our lake by adopting good practices in our everyday lives? Whether it is through the concern for the maintenance of our septic tanks, the cleaning of our boats, the elimination of biological invaders, chemical fertilizers and pesticides, the preservation of the riparian strip and other little-known good practices, these are gestures that make the difference in the aging or not of our lake.

For an exhaustive list of these good practices and related information, we invite you to consult our website at the lacmillette.com under the tab "The environment - lists of good practices".



Together, we can make a difference!